



Welcome to our Lunch Cafe

Morris School District Elementary

May
2021

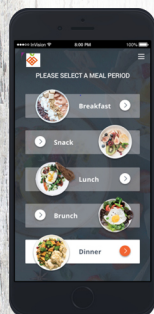
The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| 3 Bagel Lunch Corn Fresh Apple Fat Free Chocolate Milk | 4 Chicken Delight Wrap Baby Carrots Fresh Orange Fat Free Chocolate Milk | 5 Yogurt Lunch Celery Baby Carrots Fresh Pear Fat Free Chocolate Milk | 6 Bagel Melt Black Beans Fresh Grapes Fat Free Chocolate Milk | 7 Chicken Caesar Salad Tomatoes Ranch Dressing Fresh Pear Fat Free Chocolate Milk |
| 10 Bagel with String Cheese Shredded Carrots Fresh Apple Fat Free Chocolate Milk | 11 Crispy Chicken Sandwich Corn Fresh Orange Fat Free Chocolate Milk | 12 Yogurt Lunch Shredded Carrots Celery Sticks Fresh Pear Fat Free Chocolate Milk | 13 Grilled Chicken Salad with Dinner Rolls Side of Beans Ranch Dressing Fresh Apple Fat Free Chocolate Milk | 14 Ham & Cheese Sandwich Tomatoes Fresh Pear Fat Free Chocolate Milk |
| 17 Bagel with String Cheese Sweet Corn Apple Slices Fat Free Chocolate Milk | 18 Chicken Delight Wrap Shredded Carrots Fresh Orange Fat Free Chocolate Milk | 19 Yogurt Lunch Celery Sticks Fresh Grapes Fat Free Chocolate Milk | 20 Bagel Melt Side of Beans Apple Slices Fat Free Chocolate Milk | 21 Grilled Chicken Salad with Dinner Rolls Ranch Dressing Tomatoes Fresh Pear Fat Free Chocolate Milk |
| 24 Bagel with String Cheese Shredded Carrots Apple Slices Fat Free Chocolate Milk | 25 Crispy Chicken Sandwich Corn Fresh Pear Fat Free Chocolate Milk | 26 Yogurt Lunch Shredded Carrots Celery Sticks Fresh Orange Fat Free Chocolate Milk | 27 Chicken Caesar Salad Caesar Dressing Dinner Roll Side of Beans Fresh Orange Fat Free Chocolate Milk | 28 Not-A-Nut Butter & Jelly Sandwich Tomatoes Celery Sticks Cinnamon Applesauce Fat Free Chocolate Milk |

Note: When schools close due to COVID Meals are always still available for pick up at Morris HS

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



ALL LUNCHES INCLUDE
PROTEIN, GRAIN, FRESH
FRUIT, VEGETABLE &
FAT FREE MILK
LUNCHES ARE FREE OF
CHARGE
LET YOUR TEACHER KNOW
IF YOU WOULD LIKE LUNCH
& BREAKFAST TO TAKE

GRAB & GO BREAKFAST & LUNCH AVAILABLE & SENT HOME DAILY

@ NO CHARGE FOR ALL STUDENTS

**VIRTUAL STUDENTS CAN PICK UP
BREAKFAST & LUNCH AS FOLLOWS**
**Morris HS :8:00am-9:00am & 11:30-
12:30pm Mon, Wed, Fri. Weekend
meals are included in**

Friday bag questions... call 973-292-2000 ext 2111 or email JOHN.BARRIEN@msd.k12.nj.us



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.